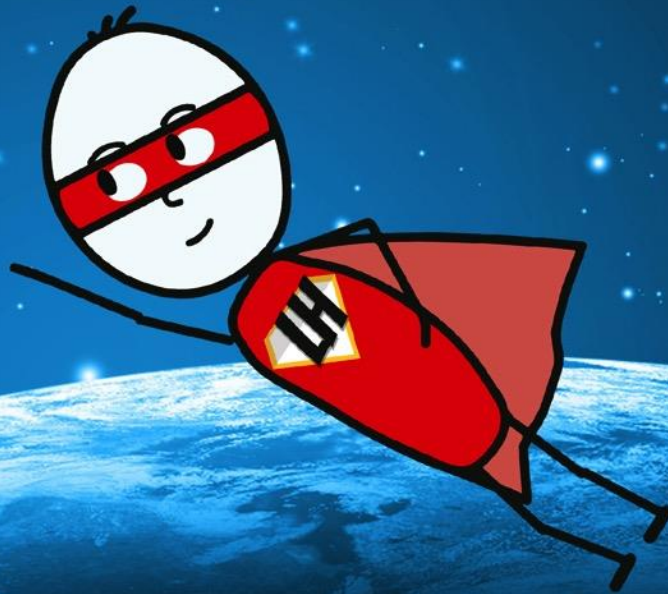


LITMOS HEROES

Saving the world *from* boring learning



Release Notes

4. January. 2018

Table of Contents

Table of Contents	2
Communication and Social Skills	3
Conflict Management	4
Health and Wellbeing	5

Communication and Social Skills

Code	Title	Type	Region
LC25241	Proper Grammar - Advanced Pronouns	Litmos Studios	U.S.
LC25242	Proper Grammar - Advanced Verbs	Litmos Studios	U.S.
LC25243	Proper Grammar - Conjunctions	Litmos Studios	U.S.
LC25244	Spelling - Applying the Office Dictionary	Litmos Studios	U.S.
LC25245	Subject and Verb Relationships	Litmos Studios	U.S.
LC25246	Using Clauses and Sentences	Litmos Studios	U.S.
LC25248	Decoding Indirect and Direct Messages	Litmos Studios	U.S.
LC25249	Workplace Communication - Presentations and Nonverbal Communication	Litmos Studios	U.S.
LC25250	Common Word Usage Errors	Litmos Studios	U.S.
LC25251	Everyday Word Usage Blunders	Litmos Studios	U.S.
LC25253	Office Spelling - Confusing Homonyms, Compounds and Negative Formations	Litmos Studios	U.S.
LC25260	Exploring Indian Culture	Litmos Studios	U.S.

Description:

What you say and how you say it are equally important. Structure, tone, wrong words, or incorrect punctuation can change the meaning of your writing and likely not for the better. Communication skills are an imperative part of your job and can easily be the difference between success and failure. Each of these 5-10 minute courses guides you through simple steps you can take to improve your communication skills.

Conflict Management

Code	Title	Type	Region
LC25247	Identifying the Causes of Conflict	Litmos Studios	U.S.
LC25258	Thomas-Kilmann Conflict Model	Litmos Studios	U.S.
LC25259	Handling Conflicts in High-Value Relationships	Litmos Studios	U.S.

Description:

There are many potential root causes for conflict—basically, anything that leads to a disagreement could be a cause. Conflict is common to organizations, especially larger ones, but some companies have more than others. If you understand the common ways in which conflict can bloom, and the potential outcomes for disagreements, you will be better equipped to prevent this issue from getting in the way of your operations. Each of these 10 minute courses will provide you strategies for successful interactions.

Health and Wellbeing

Code	Title	Type	Region
LC25254	Dealing with Stressful People	Litmos Studios	U.S.
LC25255	Reducing Stress Through Time Management	Litmos Studios	U.S.
LC25256	Reducing Stress - Techniques to Relax	Litmos Studios	U.S.
LC25257	Stress Management - Stress Awareness Comes First	Litmos Studios	U.S.

Description:

Stress is a part of life that everyone must deal with. While a little pressure can be a good thing, helping us avoid danger or working as a motivator, too much stress can be dangerous. It can make you less productive in the long run and can lead to burnout and even serious health problems. Each of these 10 minute courses will guide you through way to recognize and eliminate stress in your life.



About Litmos Heroes

Backed by CallidusCloud (NASDAQ: CALD), Litmos is the world's fastest growing enterprise learning solution. It unifies learning management, the extended enterprise, and prepackaged content in an innovative platform to meet any organization's internal and external training needs. Built to help learning organizations achieve success, Litmos is highly secure, focuses on the end user, and provides time to value three times faster than traditional learning solutions. Over 4 million users in more than 130 countries and 22 languages use Litmos to optimize their learning and development, improve performance, and monetize training.

This document is provided for information purposes only, and the contents hereof are subject to change without notice. © 2017 Litmos by CallidusCloud. All rights reserved.