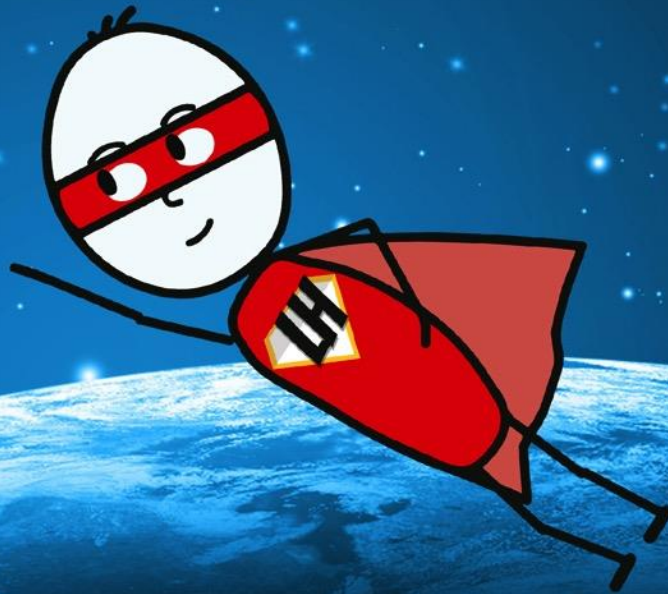


LITMOS HEROES

Saving the world *from* boring learning



Release Notes
16-February-2018

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Health and Wellbeing

Code	Title	Duration	Region
LH14010	CBT and Mental Health - Anxiety and Panic Attacks	2 minutes	Global

Description:

Anxiety is one of the most common mental health problems worldwide. In this course, you will be provided with key information about the condition, as well as understanding the condition's most common symptom, panic attacks. Finally, you will be shown some basic therapeutic coping tips and all before the coffee is finished brewing!

Policy and Compliance

Code	Title	Duration	Region
LH40026	GDPR Express	2 minutes	Global
LH40027	Preparing for an Active Shooter Situation	15 minutes	US
LH40028	Data Protection 2017	10 minutes	Global

Description:

Policy and compliance can be confusing, we know, but understanding the regulations, as well as policies and procedure, is everyone's job. Being knowledgeable and prepared will create a safe and compliant culture for everyone. Regardless of your position or geographical location, these policy and compliance courses will protect you, your coworkers, and your company.



About Litmos Heroes

Backed by CallidusCloud (NASDAQ: CALD), Litmos is the world's fastest growing enterprise learning solution. It unifies learning management, the extended enterprise, and prepackaged content in an innovative platform to meet any organization's internal and external training needs. Built to help learning organizations achieve success, Litmos is highly secure, focuses on the end user, and provides time to value three times faster than traditional learning solutions. Over 4 million users in more than 130 countries and 22 languages use Litmos to optimize their learning and development, improve performance, and monetize training.

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