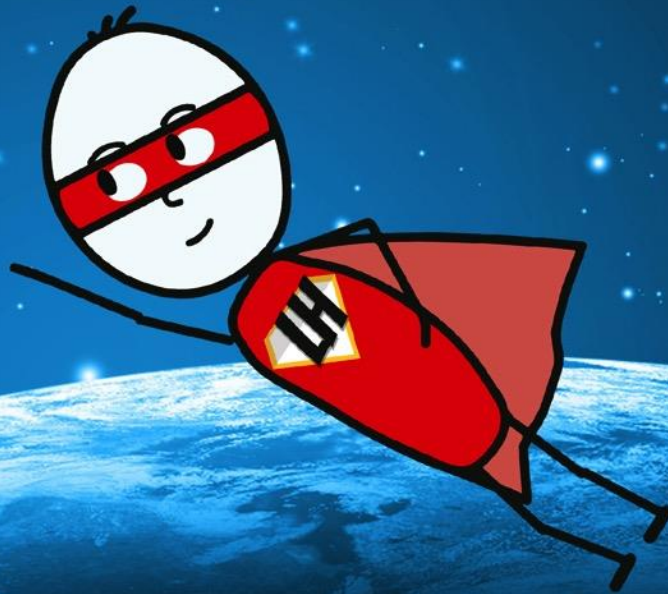


# LITMOS HEROES

Saving the world *from* boring learning



## Release Notes

20-July-2018

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# 60 Second Skills

Code	Title	Duration	Region
LH03025	Health and Wellbeing - Relaxation Techniques	1 minute	Global
LH03029	Management and Leadership - Team Activities	1 minute	Global
LH03030	Management and Leadership - Dealing with Difficult Staff	1 minute	Global
LH03026	Marketing Hacks - Effective Brand Identity	1 minute	Global

**Description:**

Short, snappy learning. We've crammed all the super awesome training of Litmos Heroes into 60 seconds. You'll see topics such as marketing, personal branding and more, this collection maximizes your minimal free time. In just 60 seconds you can gain insight that will prepare you for global success.

# Cyber Security

Code	Title	Duration	Region
LH04008	Social Engineering	15 minutes	Global

**Description:**

What on Earth is Social Engineering? It sounds like you're building a perfect group of people you want to hang out with. It's not. It's about protecting yourself and your team from being preyed upon by hackers. This explains how hackers will target actual people, rather than systems. Sounds personal, doesn't it? Well, it is. Hackers can manipulate people and use a number of techniques to get what they want. This course will tell you about the methods these suspicious characters use: from phishing emails, to fake log-in pages, to plain old stealing your notepad – we'll discuss how people can get hold of your data.

# Policy and Compliance

Code	Title	Duration	Region
LH40032	Sexual Harassment Prevention in the Workplace (UK)	20 minutes	UK

**Description:**

This is an unbelievably important topic for absolutely every workplace. With the growing conversations we're having around the topic of harassment, it's vital for everyone in your environment to fully understand what sexual harassment actually entails. People's actions have a massive impact on the rest of the team, and harassment can be lethal for both the victim, and the entire company. Ensure your company is harassment-free, and get everyone on the same page!

# Leadership and Management

Code	Title	Duration	Region
LC75328	What Managers Need to Know about Managing Change	30 minutes	Global
LC75329	Gain Control of Work Life Balances	30 minutes	Global

**Description:**

There are many keys to becoming an effective leader. Mastering communication, delegation, coaching, and time management are just a few. These 30-minute courses provide you with the tools you need to master the art of leadership, benefitting you, your employees, and the success of your company.



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